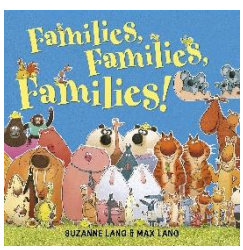
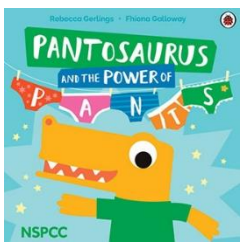
Eversley Primary School– Knowledge Organiser

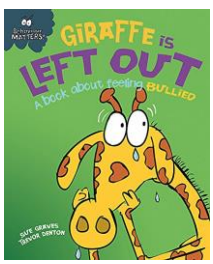
PSHE	Relationship Education	Year 1	Autumn 2

Key Knowledge

Different people who care for me	• There are people in our lives who are very important to us. • There are people whose job it is to keep us safe and care for us.
The importance of families	• There are many different types of family but they should all help us feel safe, happy, loved, cared for and healthy. • If a child does not feel these things, they must speak to a trusted adult
Privacy and secrets	• Keep Secrets are those that are safe to keep • Speak Secrets are when someone is unsafe - they should speak out • There are certain parts of the body that children should never be asked to keep secrets about.
Anti-Bullying	• Teasing and bullying are behaviours that are unkind. • Bullying is when it happens more than once and is done on purpose to hurt someone else. • There are different ways we can reach out and help people who are bullied.
Internet safety	• The internet is a great place to learn and play. • Certain information shouldn't be shared with strangers. • Children should check with adults before clicking on certain links or websites.







Statutory requirements

- Families are important for children growing up because they can give love, security and stability.
- Stable, caring relationships, which may be of different types, are at the heart of happy families
- How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed.
- The concept of privacy including that it is not always right to keep secrets if they relate to being safe.
- The impact of bullying and how to get help.
- The rules and principles for keeping safe online, how to recognise risks, and how to report them

Key vocabulary

Spelling	Definition
Family	Two or more people who are connected to each other.
Trusted Adult	Someone that you have a good relationship with.
Care	To feel interest or concern for someone.
Love	To really care about someone or something.
Secrets	Something kept or planned to be kept from others' knowledge
Private	Something kept or planned to be kept to themselves
Safety	Anything that people do to protect themselves or others from harm
Internet	A network, or system, that connects millions of computers worldwide

Books

Suzanne Lang & Max Lang	Families, Families, Families
Sue Graves & Trevor Dunton	Giraffe is left out
Rebecca Gerlings	Pantosaurus and the power of pants