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What's New? 18th June 24

Our Voice Summer party

As usual, our summer party has proved very popular and is now fully booked. However we do have a waiting list in place (in case of late cancellations) so if you would like to come along but haven't yet booked, please **sign up [here](#)**, to our waiting list, and we'll let you know as soon as possible if places become available.

We do control the numbers quite strictly, to maintain a comfortable environment (particularly for children and young people with sensory issues) so please don't turn up without a booking.

We may be able to increase the number of places if the weather is sufficiently good to allow us to make full use of the playground area, and we will release some additional waiting list places if we are confident that this will be the case.

The Summer Party takes place on Sunday 23rd June at Russet House School, 2.30 – 4.30 pm. We'll be joined by the ever-popular Mr Marvel and there will be a bouncy castle, soft play, sensory room, craft activities, playground fun (weather permitting), light refreshments and more.



Starting primary school: online workshop with ECASS

The next Rising to Reception online workshop will be next Thursday 27th June and will be a joint session delivered by the Enfield School Aged Speech and Language Therapy service and EASA to share strategies as to how best to support children with an Autism diagnosis or social communication difficulties when starting school.

This is part of the 'Rising to Reception' programme run by the Enfield Communication Advisory Support Service (ECASS) aimed at the families of children with communication difficulties who are due to start primary school in September 2024 (i.e. born between 1st September 2019 and 31st August 2020).



Children with communication difficulties can find transitions to new settings challenging, so this series of events aims to help you prepare your child.

You can see the whole programme of events and the link to register in the booklet [here](#).

If you have any queries, please contact the ECASS team at:

RisingtoReception@enfield.gov.uk

Autism Central: events from the London Autism Hub

The London Autism Central Hub offers guidance to families, carers and personal assistants of autistic people. This includes opportunities to book one-to-one appointments and a range of different workshops. You can see details and booking links [here](#). The next online sessions for parents and carers during July and August are:



- **Supporting Toileting** – factors that affect toileting and tips and strategies – Thursday 20th June 10 am - 12 pm
- **Understanding Autism** -Thursday 4th July 10 am to 12 pm
- **One-page profile** – how to use One Page Profiles in educational settings as a tool to highlight a young person’s individuality – Tuesday 9th July 7 – 9 pm
- **Supporting Play** – why play is important and tips and ideas for play with your child – Thursday 11th July 10 am to 12 pm (repeated Wednesday 7th August 10 am to 12 pm)
- **Transition to Adulthood** – planning for post-school options - Tuesday 16th July 7 – 9 pm
- **Understanding Sensory Processing** – Thursday 18th July 10 am to 12 pm (repeated Friday 9th August 10 am to 12 pm)
- **Understanding overwhelm, meltdowns and shutdowns** Friday 26th July 7 – 9 pm (repeated Tuesday 6th August 7-9 pm)
- **Supporting Siblings and young carers** – understanding how to support siblings and young carers Wednesday 21st August 10 am to 12 pm

Enfield Carers Centre

Enfield Carers Centre have published their latest newsletter for June to August, which you can see on their website [here](#).

The carers centre runs a busy programme of events for carers including:

- Coffee and chat 18th June, 16th July and 20th Aug 11 am – 12.30 pm p7
- Massage or reflexology sessions by appointment (£12.50) p7
- Financial Wellbeing workshop 21st June 11 am to 1 pm – a workshop with ‘The Money Charity’ page 8
- Learning Difficulties and Autism Carers group 1st Friday alternate months – 2nd August p8
- Carers Legal information telephone appointments (free 10-minute appointments with a local solicitor, subject to availability) 10 am to 12 pm 20th June, 4th July and 22nd August. Page 6.



News & Information

Our Centre drop-ins days are:

You can come to the Centre without an appointment on **Mondays 1pm - 4pm or Wednesdays 11am - 3pm**

ECC phone lines are open: Monday - Friday 10am - 4pm
Call us on 020 8366 3677

We may not be able to see you outside the above drop-in times, without a definite appointment.

Witherslack Group Free webinars for parent-carers



A teal banner for a free webinar. At the top left is a play button icon in a speech bubble. The text 'Free Webinar' is in white. Below it, a dark purple speech bubble contains the title 'Understanding PDA' in white. At the bottom, a calendar icon is followed by the date '26.06.2024' and a clock icon followed by '10am'.

Understanding PDA (Pathological Demand Avoidance) – 26th June - book [here](#)

Register your place at witherslackgroup.co.uk/understanding-PDA



An orange banner for a virtual conference. At the top, it says 'Virtual SEN Conference 2024'. In the center, a purple circle contains an icon of hands holding a heart, with the text 'Nurturing Your Child's Behaviour And Wellbeing' and the date '10.07.2024'. Below the circle are two cartoon children. At the bottom, a dark blue bar contains the text 'Register your free place at witherslackgroup.co.uk/summer-conference-24'.

Virtual SEN Conference – nurturing your child's behaviour and well-being (helping you prepare for the school holidays) 10th July - book [here](#)



An orange banner for a free webinar. At the top left is a play button icon in a speech bubble. The text 'Free Webinar' is in white. Below it, a dark purple speech bubble contains the title 'The Impact Of Screen Time On Language Development' in white. At the bottom, a calendar icon is followed by the date '03.07.2024' and a clock icon followed by '10am'.

The impact of screen time on language development and useful tips for promoting language skills. 3rd July - book [here](#)



A purple banner for a free webinar. At the top left is a play button icon in a speech bubble. The text 'Free Webinar' is in white. Below it, a dark purple speech bubble contains the title 'Understanding Eating Disorders: What Is ARFID?' in white. At the bottom, a calendar icon is followed by the date '17.07.2024' and a clock icon followed by '10am'.

Understanding Eating Disorders – What is ARFID? (Avoidant Restrictive Food Intake Disorder) - 17th July - book [here](#)

Register your place at witherslackgroup.co.uk/what-is-arfid

Play and Leisure

Our Voice

What's On?
Play and leisure for children and young people with additional needs in and around the Enfield Area

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11 Play & Leisure in Enfield - last updated 10 June 2024

See our [‘What’s On?’ Guide to Play and Leisure](#) (last updated 10th June) for information about SEND-specific and inclusive leisure activities and days out in and around the Enfield area.

SEND Summer Cycling

The Local Authority will be running SEND summer cycling sessions on selected Tuesdays from 23rd July for ages 8 to 25.

Sessions on Tuesday 23rd July, 30th July, and 6th and 13th August – bookable sessions between 10 am and 2.30 pm.

There will be a variety of accessible bikes to try out.

To book please email bike@enfield.gov.uk with your child or young person’s name, age, school/college, and the date and time they would like to attend.

SEND Summer Cycling Fun

Bush Hill Park
Lincoln Rd, Enfield EN1 1JX

Tuesday 23rd July
Tuesday 30th July
Tuesday 6th August
Tuesday 13th August

Ages 8 - 25 years
Sessions can be booked at
half hourly intervals
10am, 10.30am, 11am, 11.30am
12noon, 1pm, 1.30pm, 2pm, 2.30pm

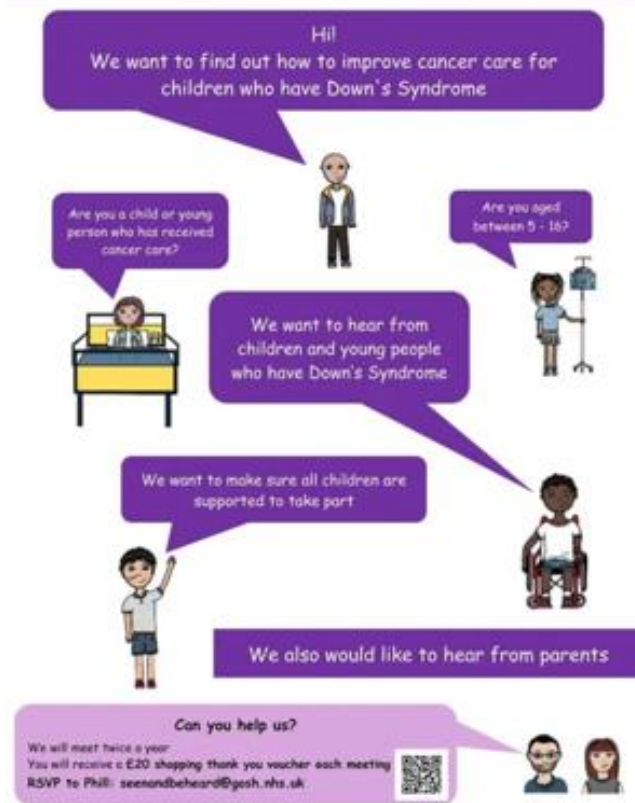
There will be a variety of accessible bikes for children and young people to try out and improve their cycling skills.

To book your place please email bike@enfield.gov.uk with your child or young person’s name, age, school/college, and the date and time they would like to attend.

www.enfield.gov.uk



Children and young people advisory group The Seen and Be Heard Study



up [here](#)

'Seen and Be Heard' study

A team of researchers from Great Ormond Street Hospital are running a research study group to help improve cancer care for children who have Down's Syndrome, Learning Disabilities, or are Autistic and who have experience of having cancer.

They would like to find out more and want to hear from children and young people aged 5-16 who are Autistic or Learning Disabled and/or have Down's Syndrome, and their parents.

The groups will meet up to 6 times a year and last about 1 ½ hours (mostly online but some will be in person at Great Ormond Street).

Participants will get a £20 shopping voucher for each meeting and be paid for travel to any in-person meetings.

More information (including Easy Read flyers) and sign

County lines in our area: online workshop tonight

We've just been told about this online workshop for parents taking place this evening from 6.30 to 7.30 pm, looking at county lines and criminal exploitation. Whilst it is not a SEND-specific session, it may be of interest to parents of teenagers with SEND who can be particularly vulnerable to exploitation.

Register at

www.ivisontrust.org.uk/webinars

Parent Session
County Lines in London

- Enfield/Haringey
- Barnet/Brent/Harrow
- Camden/Islington

Register today
www.ivisontrust.org.uk/webinars

6:30-7:30pm
18th June

i feel so much more confident to talk to my child

Hosted by
Ivison Trust,
a parent with lived experience & a local police officer.

We hope that you have found our newsletter useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone [07516 662315](tel:07516662315) Email: info@ourvoiceenfield.org.uk

Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at <https://www.facebook.com/ourvoiceenfield/>

on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on Instagram at

<https://www.instagram.com/ourvoiceenfield/>

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