Week 1

# FOOD By Aspens



EVENT

MEAT-FREE Veggie Dish

RAINBOW Vegetables and Salads

Filled Jackets

Beans,

Cheese or

Tuna Mayo

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Cheese or

Tuna Mayo

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Cheese or

Tuna Mayo

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Cheese or

Tuna Mayo

Beans,

Cheese or

Tuna Mayo

Brownie

**Forest Fruits Jelly Pots** 

Apple Crumble

> Jammy **Biscuits**

**Autumn Winter** 2024-25:

2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 6/1, 27/1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Margherita Pizza Slice and Wedges

Chicken Tikka Curry

Roast Chicken, Stuffing, **Roast Potatoes** and Gravy

**Sticky Chinese** Chicken Noodles

Golden Fish Fingers or Salmon Fingers and Chips

Veggie Pepper and Sweetcorn Pizza Slice with Wedges

> Veg Samosa Style Pie

Quorn Sausage, **Roast Potatoes** and Gravy

Spanish Omelette and Herby Diced **Potatoes** 

Veggie Burger and Chips

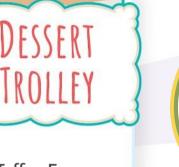
Sweetcorn

Kachumber Salad and Wholegrain Rice

**Peas and Carrots** 

**Green Beans** 

Baked **Beans** 



Toffee Frozen Yoghurt

**Sweet Potato** 

Cookie Dough

**Thumbprint** 



topped with Homemade

Tomato Sauce &

Cheese

DAILY SALAD BOW

FRESHLY BAKED BREAD,

YOGHURTS AND CUT FRUIT

AVAILABLE DAILY

Week 2

# FOOD By Aspens

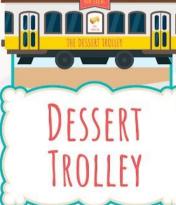


EVENT

MEAT-FREE Veggie Dish



Beans, Cheese or Tuna Mayo



Toffee Apple Sponge and Custard

Chocolate Sprinkle Iced Cake

Raspberry **Coconut Jelly** 

Fresh Fruit Salad

Anzac **Biscuits** 



9/9, 30/9, 21/10, 11/1, 2/12, 23/12, 13/1, 3/2

**Autumn Winter** 

2024-25:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Cheesy Tomato** Pizza Muffins

Chicken Chimichangas

Roast Chicken, Stuffing, **Roast Potatoes** and Gravy

**Butter Chicken** Wholegrain Pilaf Rice

**Battered Fish** and Chips

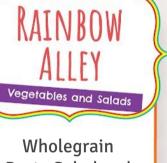
BBQ and Sweetcorn Pizza Slice

> Veggie **Enchiladas**

Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions)!

Aloo Gobi **Cauliflower Potato** Curry

Cheese and **Tomato Toasted** Wrap with Chips



Pasta Salad and Green Salad

> Rice and Sweetcorn

Mixed Greens

Peas

**Baked Beans** 





**Hot Pasta** topped with Homemade Tomato Sauce & Cheese

### FOOD FESTIVAL By Aspens



16/9, 7/10, 28/10, 18/11, 9/12, 30/12, 20/1, 10/2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MÄIN Event

American Style Macaroni Cheese

Jerk Chicken Wraps and Wedges

Roast Chicken, Stuffing, Roast Potatoes and Gravy

South African Beef Bobotie with Rice

Golden Fish Fingers or Salmon Fingers and Chips



MEAT-FREE

MAGIC

Veggie Dish

Veggie Wholegrain Pasta Bolognese

Greek Pitta Pocket with Feta, Hummus, Salad and Wedges

Carrot and Stuffing Pastry Plait

Fruity Sweet Potato Tagine with Rice

Vegetable Fingers and Chips



RAINBOW ALLEY

Vegetables and Salads

**Carrots** 

Roast Root Veggies

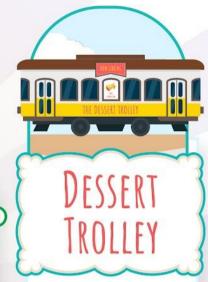
Peas and Sweetcorn

Broccoli

Baked Beans



Beans, Cheese or Tuna Mayo



Marble Cake

Apple, Cinnamon Raisin Flapjacks

Orange and Mango Jelly

Banana Bread Muffins

Gingerbread Cookies



