

28<sup>th</sup> June 2024 (35)

Dear Parents and Carers,

I hope you are all having a good week.

This week I have been on a two-day Headteacher conference with Connect Educational Trust. It was great to be part of making exciting decisions about education and how this will support the children of Eversley achieving the best possible outcomes, while preparing them for life.

Due to the General Election our application to become an academy has been delayed. Connect Educational Trust continues to support the senior leaders and school, which has been great.

#### **Sports Day**

A huge thank you to Miss Boothby and Miss Kilkenny for organising four sports day sessions over three days. It is a huge task setting everything up and ensuring that the events run smoothly. Thank you to all the parents for their positive feedback.

#### **Important Dates**

Please remember to always look at the back of the newsletter for important dates, as there are many key events coming up and it is a very busy end to the year.

#### **Safeguarding and Mental Health**

#### Your child's mental health

Signs of depression or anxiety in children can sometimes look like normal behaviour, particularly for Year 6 children who might keep their feelings to themselves. So, knowing how to talk to your child about their mental health is important.

Many children will feel stressed or anxious about things like exams or moving to a new school. But while these experiences can be challenging, they're different from longer-term depression or anxiety, which affect how a child or young person feels every day.

It can help to think about what's normal for your child and if you've noticed signs that they've been behaving differently.



#### Signs of anxiety in children can include:

- becoming socially withdrawn and avoiding spending time with friends or family
- feeling nervous or 'on edge' a lot of the time
- having panic attacks
- feeling tearful, upset or angry
- having trouble sleeping
- changes in eating habits.

#### You can help a child who's struggling by:

- letting them know you're there for them and you're on their side
- talking to them over text or on the phone if they don't feel able to talk in person
- being patient and staying calm and approachable, even if their behaviour upsets you
- recognising that their feelings are valid and letting them know it's OK for them to be honest about what they're feeling
- thinking of healthy ways to cope. You could try things like yoga, breathing exercises or mindfulness together
- encouraging them to speak to someone in school or <u>Childline</u>. Especially, if they're finding it hard to talk at home.
- taking care of yourself and getting support if you need to. Try not to blame yourself for what's happening, and stay hopeful about your child's recovery.

Please remember if you are worried about your child/children then you can contact Mrs Kirkpatrick (Deputy Headteacher and Mental Health Lead).

Kind regards,

Samantha Williams Headteacher





#### Celtic Harmony Camp (Monday 24th June 2024)

To further enrich our learning about the Stone Age, Year 3 went on an exciting school trip to 'Celtic Harmony Camp' in Hertfordshire. After a long walk and a train ride, we arrived and entered the gates of the camp where we were greeted by people from the Iron age! They taught us all about life through the ages dating as far back as the stone age. We were given a demonstration of fire lighting and were able to present our knowledge about the stone age to the leaders which really impressed them! Throughout the day, we took part in a variety of fun activities such as spear throwing, hunting and gathering for food, stone age cooking and den building; all whilst experiencing life as Neolithic hunters. We had a fantastic time and it really brought our classroom learning to life! We are so proud of each pupil in year 3 for their fanatstic behaviour on the trip, especially when walking to and from the train station in the heat. They wore their Eversley badge with pride and demonstrated many of our Eversley values throughout the day!























#### **Sports Week**

Last week (wb 17th June 2024) was National Sports Week. We had many visitors throughout the week to provide additional sporting opportunities for the children from Reception up to Year 6. All our visitors have reported back really positively - most of them have returned from previous years and commented how much they enjoy coming to Eversley to work with our children.

The additional opportunities were:

- Dance
- Hockey
- Tennis
- Athletics
- Football
- Inflatable obstacle course

Following the activities, if your child has been inspired to take up one of these sports outside of school, please let us know and we can put you in touch with the clubs!

Miss Boothby and Miss Kilkenny









































#### **Sports Days**

What an incredible week it has been for Sports Days!! Well done to ALL of the children - we were blown away by the efforts made, particularly in such hot weather. We had some really close competitions across the different year groups and the children had a great time. It was wonderful to see so many parents supporting their children and bringing lots of energy with them!

Each year group worked so well in the teams they were allocated to, and showed so many of our Eversley values. They were so determined to score as many points as they could for their team. It was lovely to see them encouraging each other and being so supportive. After their rotation of activities, the KS2 children also competed in their individual races to score points for their houses. There was such a buzz in the air as each house cheered on the children racing.

We want to say a huge thank you to Year 6 pupils who so competently ran the stations for the younger children. They took on a lot of responsibility: explaining the activities to each group of children; keeping them lined up and starting them off at the right times; keeping track of the points; running back and forth in the heat to deliver the scores to us. We couldn't have done it without them!

Thanks also to the staff who have taken time out to help with the smooth running of the day and give the children such an enjoyable experience.

#### The Results:

#### Reception

1st - Light Green

2nd - Black

3rd - Dark Green

#### **Year 1/2**

1st - Pandas

2nd - Tigers

3rd - Whales



#### Year 3/4

1st - Caxton

2nd - Marconi

3rd - Scott

4th - Fleming

#### Year 5/6

1st - Marconi

2nd - Fleming

3rd - Scott

4th - Caxton

#### **Art Exhibition**

Thank you to everyone who came along to our Eversley art exhibition yesterday. I'm sure you will agree that the children produced some wonderful art pieces and it was great to see them all framed and displayed together. Don't worry if you didn't get a chance to come along or didn't have the cash to buy your child's artwork as I will be selling them before pick up and at at end of the school day on Monday and Tuesday next week; just come along to the office. Please bring the exact money (£8-cash only) as I won't have a float.

Many thanks for your support with this event.

Hayley Kirkpatrick





#### **Forest School News**

Another busy week at the forest school site. Year 2 had their last session this week, but they finished on a high. We started with roasting marshmallows and spoke about how to be safe around the fire. We then moved on to make seed bombs, by mixing soil, flour, mixed flower seeds and some water. We got stuck in and mixed it with our hands and shaped balls that the children took home.

Thank you year 2 team it has been so much fun!















#### Forest School News contd...

Year 4 went back to the Vikings and took another look at what we could do with all the spices we collected last week.

We decided to make flavoured flatbread, so with a pestle and mortar the children grinded the spices and we mixed it in with the dough. The children came up with different spice combinations and once cooked everyone had the chance to try their creations.

Some tasted better than others shall we say :-)





Thank you team 4 for being such good sports.

Anna Reekie - Forest School



Our value for the month of June is



### Attendance

One of the areas the school is working hard to improve is the attendance of children at Eversley Primary School. The United Nation Convention on the rights of the child entitles them to a Right to Education (Article 28). If the attendance drops below 95%, this could potentially affect any future Ofsted judgement, as well as children missing vital learning which reduces their chances of success. Please help us to continue the upward trend by ensuring your child comes to school every day and on time.

The overall school attendance to date is 95.65%

#### Instagram

Please follow our early years instagram page @eversley.early.years

The Early Years Team



## House Point Winners this week are ...



Scott



## Superstars



# Congratulations to this week's Superstars who will have afternoon tea with Ms Williams next week



Superstars					
1EM	Leon	4SE	Zoes		
1M	Dylan	5A	Tino		
4E	Gabriel	5BH	Krish		
4KR	Eli	6L	Cicely		







Well done to the following pupils who received a Thank You Certificate for making Eversley a better place by demonstrating one of our Eversley Values

Thank You Certificates					
1C	Alex K	&	Edvin		
1EM	Jack	&	Rishna		
1M	Ariana	&	Aris		



## **Dates for Diary – Spring/Summer 2024**

Date	Time	Event	
Tuesday 2nd July		Reception Performance to Parents	
Thursday 4th July	School Closed	General Election	
Friday 5th July		Years 4 & 5 First Aid Training	
Monday 8th July	6.00pm	Year 6 Production to Parents (Cast 1)	
Tuesday 9th July		Year 2 Trip to Whipsnade Zoo	
Wednesday 10th July	6.00pm	Year 6 Production to Parents (Cast 2)	
Thursday 11th July		Year 5 Trip to the Southbank Centre	
Thursday 11th & Friday 12th July		Year 4 Residential Trip to Phasels Wood Activity Centre	
Friday 12th July - Save The Date	5.30pm	Year 6 Leavers Party - Full Info to Follow	
Sunday 14th July	12 noon - 4.00pm	EPSA Bounce Mania Summer Fete	
Monday 15th July		Reception Trip to Sealife London Aquarium	
Monday 15th July	6.30pm	New Reception Parents Welcome Meeting	
Tuesday 16th July	_	Year 1 Trip to Aldenham Country Park & Farm	
Wednesday 24th July	1.30pm	Break up for Summer Holidays	









# FOREST SCHOOL AFTER SCHOOL CLUB MONDAYS & THURSDAYS EVERSLEY PRIMARY SCHOOL

3-4.30PM

Support children's connection and curiosity with the natural world.

Risk taking, confidence building, fun,

friendship and endless adventures



Booking and more info available at www.bookwhen.com/fourseasonsforestschool



